

# Session Planning

What You Do		What You Need
 <b>Invite, 15 minutes</b>		
Page 3	<ul style="list-style-type: none"> <li>• <b>Jesus' Prayer for Unity</b> (John 17:20–21), Reflect prayerfully on God's Word.</li> </ul>	<input type="checkbox"/> prayer table or candle
Page 4	<ul style="list-style-type: none"> <li>• <b>Activity</b> Identify connections between different beliefs and behaviors.</li> </ul>	<input type="checkbox"/> pencils and markers <input type="checkbox"/> whiteboard or newsprint with phrases written on them
 <b>Discover, 40 minutes</b>		
Page 5	<ul style="list-style-type: none"> <li>• <b>Catholic Signs &amp; Symbols</b> Point out that we repeat our Baptismal promises during the Sacrament of Confirmation.</li> <li>• <b>Meet Jesus</b> Explain that Jesus is the Bridegroom who loves the Church perfectly.</li> </ul>	<input type="checkbox"/> pencils or pens
Pages 6–7	<ul style="list-style-type: none"> <li>• Discuss how Jesus sends us a Helper and Guide in the Holy Spirit.</li> <li>• <b>The Coming of the Spirit</b> (Acts of the Apostles 2:1–4), Proclaim the scripture passage of Pentecost.</li> <li>• Talk about how the Holy Spirit unites Christ's disciples into one mind and heart.</li> <li>• <b>Activity</b> Investigate who Saint Paul was writing to in the early Church.</li> <li>• <b>Entering the Mystery</b> Emphasize that when we are "on fire" with the Holy Spirit, we look for ways to know and share God's love.</li> </ul>	<input type="checkbox"/> cutouts of flames <input type="checkbox"/> whiteboard or newsprint <input type="checkbox"/> pencils or pens
Pages 8–9	<ul style="list-style-type: none"> <li>• Point out that the Holy Spirit helps us to understand the teachings of Jesus and to live the truth that Jesus taught.</li> <li>• Name someone who helps you understand things that happen around you.</li> <li>• Explain that through the Sacraments, Catholics are united as one. Review that the Sacraments of Initiation are Baptism, Eucharist, and Confirmation.</li> <li>• Emphasize that Confirmation deepens the grace of Baptism, strengthens our witness, and gives us the Gifts of the Holy Spirit.</li> </ul>	<input type="checkbox"/> pencils or pens
Page 10	<ul style="list-style-type: none"> <li>• Explore our Baptismal Promises.</li> <li>• <b>Activity</b> Reflect on each Baptismal Promise and write "I do."</li> </ul>	<input type="checkbox"/> "I DO!" stickers (provided in Child Book)
 <b>Live, 15 minutes</b>		
Pages 11–12	<ul style="list-style-type: none"> <li>• Reflect on how Baptism makes each of us a son or daughter of God.</li> <li>• <b>Activity</b> Look at a list of promises a disciple would make and add one of your own.</li> <li>•  Point out the <b>My Family in Our Parish</b> activities for the upcoming week.</li> <li>• Conclude with the closing prayer and ritual.</li> </ul>	<input type="checkbox"/> pencils and pens <input type="checkbox"/> prayer table with holy water in bowl, a cross or crucifix, a Bible, and a candle  copies of Session 1 <b>Family + Faith Pages</b>

**Catholic Faith Words** Church • Holy Spirit • disciples • Pentecost • Sacraments of Initiation • Confirmation • grace