

Catechist Formation and Training

Video Reflection Questions

Catholic Signs and Symbols

After viewing the video, reflect on the following questions:

- What opportunities do you have for ritual in your family life?
How can you connect your rituals and traditions with the Church's practices?
- When have you sensed the Holy Spirit and God's love present in the ordinary circumstances of life?
- What symbolic images or objects in your home connect your family life to your Catholic faith?
- Why do you think teaching and expressing gratitude is challenging in today's society?
- How can you integrate prayer and thankfulness into the sessions and gatherings with the children?