

Parent Formation and Training

Video Reflection Questions

Scripture Reflection Process

During the video, write down any questions you might have about the scripture reflection process. You can follow up with your catechetical leader.

After viewing the video, reflect on the following questions:

- What might be helpful for readying you and your child in stillness and silence?
- Reflect on a time that you heard God speak to you through his Word at Mass or in your own prayer with Scripture. What was this experience like?
- How can you become a more attentive listener? How can this help your child learn to “listen with the ear of the heart” to what God is saying to him or her?