## **Parent Formation and Training for Parent-Led Format**

## **Scripture Reflection Process**

Each session of *Encounter with Christ* begins with a brief opening prayer and a reflection of God's Word from the Bible. The practice of scripture reflection is an essential element in the Invite step of every session. Your child will be formed by this practice of reflecting on Scripture and being open to the Word of God. Listening with the ear of the heart and reflecting on Scripture will help your child hear and respond to God's voice throughout his or her own life.

When you and your child gather for each Sacrament preparation session, you will use the following scripture reflection process:

- **Step 1** Begin by using the directions provided in your Parent Guide for the first Invite page.
- **Step 2** Help your child enter into sacred space by displaying your family Bible, lighting or turning on a candle, and guiding him or her to become quiet and still.
- **Step 3** Read the passage in a slow and steady voice, one complete sentence at a time. You should always read the passage to your child, rather than having him or her read the passage to you.
- Step 4 Ask the question, "What did you hear God say to you today?"
  This reflection is critical in providing both you and your child an opportunity to encounter God through his Word. It prepares your child to receive and respond in faith to God's personal invitation.