

Eucharist Session 4–6**Letter to My Child**

Follow the instructions below to share your love for your child by writing him or her a letter. Share your feelings about favorite memories, and express your hopes and desires for your child's future. Write your letter on a separate sheet of paper.

Part 1

In the first part of your letter to your child, describe the feeling you had when you first held your child in your arms. Describe what you learned about love once your child came into your life. Talk about how you understood that he or she was a gift to you. Include details about other fond memories you shared with your child.

Part 2

As you prepare to write the last paragraph of your letter, think about your own hunger for God. In the second part of your letter to your child, express your desire for your child to know God's love for him or her through the Sacraments. Tell your child about your hope that he or she will discover God's purpose for his or her life. Let your child know that you will always be there to support him or her on this important journey.