Lesson Plan Process

The Catechetical Process

The Encounter with Christ Adolescent Confirmation Catechist Lesson Plans follow the same catechetical process (Invite, Discover, and Live) as other OSV catechetical materials, including *Alive in Christ* Grades 7 and 8. Each unit Lesson Plan for parish is intended for 75 minutes, with the flexibility for activities or projects to be done at home in between lessons.

The Invite Step (15 minutes) begins the lesson with prayer followed by God's invitation through Sacred Scripture. Candidates open their minds and hearts to what God is saying to them in Scripture and reflect on it. The unit's key concepts are presented along with an activity to access prior learning or tap into the candidate's faith and life experience. A Symbol of Faith, Encounter with Christ, and Catholic Faith Words are then presented and serve as a transition to the Discover step and unit objectives.

The Discover Step (45 minutes) promotes readiness for the Sacrament of Confirmation. This step helps form Catholic identity through the study of Scripture, knowledge of Church teaching, and an understanding of Catholic sacramental practices. It presents the doctrine of the lesson in developmentally appropriate language and images. Symbols and steps of the Rite of Confirmation are explored and explained. Charts, on-page guestions, and activities give candidates the opportunity to process and reinforce what they have learned and apply it to their own lives and the experience of the Church.

The Live Step (15 minutes) helps the young people relate knowledge of the faith and the ways we worship, live, pray, and serve together as Catholics. Candidates are given the tools to connect their faith to everyday life and to deepen their relationship with God. They are presented with an overview of what was learned and of a Saint whose life exemplifies the lesson.

As you follow this catechetical process, you will in fact mirror the divine pedagogy by offering your candidates the opportunity to know God and his truth through Sacred Scripture and Sacred Tradition. You will inspire them to be open to the Holy Spirit so that they will respond in faith and love and accept the gift of new life in Christ!

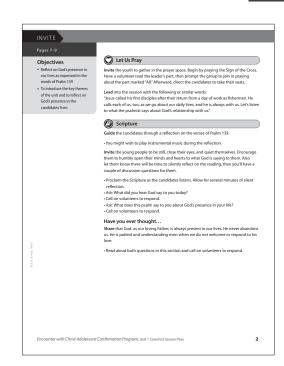
INVITE

As a catechist, during the Invite step you:

- Call the young people together and prepare them to hear the Word of God.
- Pray with the youth.
- Guide the candidates through the opening Scripture passage and reflection.
 - Proclaim God's Word.
 - After proclamation of the Scripture, allow time for sacred silence.
 - The young people should feel free to share what they experienced, what they felt God was saying to them, or what he wanted them to know in a special way today. Assure them that sharing is voluntary.
- Prompt continued thought about God's Word and move to unit objectives by using the "Have you ever thought" questions.

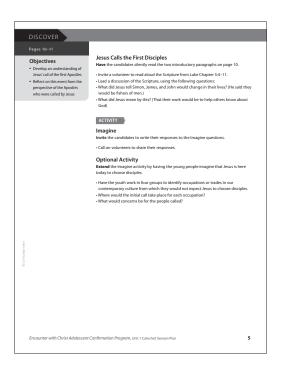
Preview unit concepts from the second and third Invite pages.

- Getting Started: Introduces the main points of the unit.
- Graphic Organizer: Provides an organizer that relates unit concepts and helps the candidates make connections through an activity or questions.
- Faith Symbols: Highlights a symbol of the Catholic faith to help young people prepare for the Sacrament of Confirmation.
- Encounter with Christ: Presents revealed teaching that focuses on Christ and how we are in relationship with him personally, as a Church, and in the world.



Effective Pedagogy

DISCOVER



As a catechist, during the **Discover** step you:

- Teach the **objectives** of the lesson located at the beginning of each step in the catechist Lesson Plan downloaded from the website.
- Prepare the Scripture reading with the preceding introduction, and proclaim or have a candidate proclaim the Word of God.
- Direct the young people to the green activity that draws on their religious imagination to put themselves into the scenario just proclaimed.
- Next, work through a block of text that delves into Church **teaching** on the Sacraments.

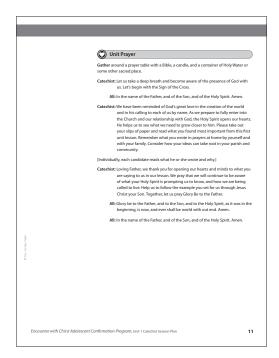
- The second **Discover** spread includes text as well as a Go to the Source and Celebrating the Sacrament feature.
- Go to the Source sends the young people on their own to **Scripture** as they explore the Word of God and connect it to the unit objectives and/or life experiences.
- The **Celebrating the Sacrament** feature takes one of the parts of the Rite of Confirmation and explains it more deeply.
- This section also includes charts that will help young people visualize an aspect of **preparation** for Confirmation, such as renewal of baptismal promises or frequently asked questions about Confirmation and the effects of the Sacrament.



As a catechist, during the **Live** step you:

- Will have the candidates work on activities that will unpack the Sacrament and objectives taught. These will reflect the practice of our **Catholic faith**.
- Will have the young people moving the lessons from their head to their heart. Sections like *From Head to Heart* and *Listening with Our Hearts* ask the candidates to consider making these concepts part of their daily lives.





- Will introduce the young people to a Person of Faith, a Saint whose life exemplifies the content of the unit.
- Will discuss with the candidates how they can take these lessons home where the Holy Spirit will help them encounter Christ. The Taking the Message Home section will challenge the candidates to put their faith into practice.
- Will prepare and hold a final prayer session emphasizing what the candidates learned from the unit and praying for the Holy Spirit's help to put these things into practice.