

	Session 1 We Belong	Session 2 We Gather	Session 3 We Listen and Respond
Session Outcomes	<p>Informing the Mind</p> <ul style="list-style-type: none"> Identify Baptism, the first Sacrament we receive, as an action of the Holy Spirit that unites us with Christ Understand that Jesus is always with us, especially in the Seven Sacraments—special signs and celebrations that allow us to share in the life and work of God Distinguish Baptism, Confirmation, and Eucharist as the Sacraments of Initiation Relate the saving action of Jesus on the Cross to the Sign of the Cross <p>Forming the Heart</p> <ul style="list-style-type: none"> Encounter Jesus Christ, the Son of God Become more aware of the reminders of our Baptism and how we are children of God through this Sacrament Grow in the desire to live the call of our Baptism, to share in the Church's mission to continue the work of Jesus 	<p>Informing the Mind</p> <ul style="list-style-type: none"> Understand that we all sin and need forgiveness Identify Sunday as the primary day for celebration of the Eucharist Examine the important prayers and gestures in the Introductory Rites <p>Forming the Heart</p> <ul style="list-style-type: none"> Appreciate that seeking God's forgiveness shows that we want a closer relationship with him Learn how praising God honors him and gives us joy Understand that following Jesus is the Way to eternal life Recognize how our families and parishes show us what it means to be close to Jesus and how to become more like him 	<p>Informing the Mind</p> <ul style="list-style-type: none"> Recognize and discover the content of the Book of Gospels Understand that in the Mass we are fed by God's Word and by Jesus in Holy Communion Order the parts of the Liturgy of the Word <p>Forming the Heart</p> <ul style="list-style-type: none"> Honor Jesus as the Word of God sent by the Father to know him and his plan for us Explore the relationship between the Profession of Faith and our identity as God's child, Jesus' brother or sister, and the temple of the Holy Spirit Create and offer prayers modeled on the Prayer of the Faithful
Scripture	Praise of Divine Goodness Psalm 103:1–5a; The Commissioning of the Disciples Matthew 28:16–20	Remission of Sin Psalm 32:1, 5, 10–11; The Washing of the Disciples' Feet John 13:4–5, 12–15	The Great Commandment Deuteronomy 6:4–7; The Feeding of the Five Thousand Mark 6:34–42
Catechism References	441–445, 1213, 1265–1270	440, 456–459, 1337, 1846–1848, 2182	73, 151, 241, 1088, 1154, 1349
Meet Jesus	The Son of God	The Way	The Word of God
Rite Focus	The Sacraments of Initiation	The Introductory Rites	The Liturgy of the Word
Catholic Signs & Symbols	The Sign of the Cross	The Crucifix	The Book of Gospels

**Session 4
We Accept and Offer**

Informing the Mind

- Know that through Jesus' sacrifice of love, we are saved from our sin and we are offered eternal life
- Make the connection between temple sacrifice in the Old Testament and Jesus as the perfect sacrifice, the Lamb of God
- Realize that when we celebrate the Eucharist, we are celebrating and giving thanks for Jesus' sacrifice for us
- Learn the prayers and actions that begin the Liturgy of the Eucharist

Forming the Heart

- Understand that Jesus is God's gift to us
- Deepen the awareness that the Eucharist is the source and summit of our Catholic life
- Understand that we are called to offer our lives to God the Father by following and worshipping Jesus
- Foster a sense of wonder and awe in response to Jesus' sacrifice of love

**Session 5
We Give Thanks and Receive**

Informing the Mind

- Understand that through the power of the Holy Spirit and the words and actions of the priest, the bread and wine become Jesus' Body and Blood
- Connect the Liturgy of the Eucharist to the Last Supper and the heavenly banquet
- Learn the primary parts of the Eucharistic Prayer and the Communion Rite

Forming the Heart

- Acquire the practices necessary to prepare to receive the gift of the Eucharist
- Develop a disposition of wonder and awe in response to the gift of the Eucharist
- Increase the desire to receive the Eucharist
- Believe in the Real Presence of Jesus in the Eucharist and its power to transform us

**Session 6
We Share**

Informing the Mind

- Relate the Paschal Candle to Jesus, the Light of the World
- Discover how in the Concluding Rites of the Mass we are blessed and sent out to give glory to God with our lives
- Know that we are strengthened by the Eucharist to live as disciples

Forming the Heart

- Deepen our commitment to our baptismal call to bring Christ to the world through prayer and loving one another in word and action
- Grow in our commitment to participate in Mass each Sunday so that we receive the grace necessary to make our relationship with God our first priority
- Anticipate not only the joy of receiving our First Communion but every time we receive

For God So Loved the World John 3:16–17; Vows and Blessings Numbers 6:13–16, 22–26

The Bread of Life Discourse John 6:32–33, 35; The Last Supper Luke 22:14–15, 17–20

The Light of the World Matthew 5:14–16; The Appearance on the Road to Emmaus Luke 24:13–19, 25–33, 35

602, 613, 1182, 1350–1351, 1362–1368

1352–1355, 1373–1377, 1382–1388

1243, 1378–1379, 1391–1398

The Lamb of God

The Bread of Life

The Light of the World

The Liturgy of the Eucharist—A Sacrifice Is Offered

The Liturgy of the Eucharist: The Eucharistic Prayer and Holy Communion

The Concluding Rites—We Are Blessed

The Altar

The Bread and Wine

The Paschal Candle