### Session 1
**We Are Made in God’s Image**

#### Forming the Heart
- Realize that because we are made in God’s image and likeness, we are called to care for each other and the world God created
- Embrace that we are created as good and that our words and actions should reflect the love God has for us
- Grow in awareness of the mystery that God is beyond us

#### Informing the Mind
- Learn that God created human beings, male and female, in his image and likeness
- Understand that God has a plan and purpose for each person
- Know that God reveals himself as the three Divine Persons of the Holy Trinity: Father, Son, and Holy Spirit, a relationship of perfect love
- Recognize that God loves us and calls us to be in relationship with him and with one another

#### Scripture
- The All-knowing and Ever-present God
  - Psalm 139:1–2, 13–14
  - The Creation of Man and Woman
  - Genesis 2:7–8, 18, 21–23

#### Catechism References

#### Meet Jesus
- Second Person of the Trinity

#### Rite Focus
- The Perfect Image of God

#### Catholic Signs & Symbols
- The Church

### Session 2
**We Live in Covenant with God**

#### Forming the Heart
- Understand that Original Sin is the first sin committed by Adam and Eve, passed down to all human beings
- Recognize that Jesus came to save us from our sins and death
- Realize that in Baptism, by the power of the Holy Spirit, we receive new life in Christ

#### Informing the Mind
- Know that God always loves us, remains faithful to his promises, and welcomes us with forgiveness when we sin
- Understand that the Ten Commandments and Beatitudes guide our choices

#### Scripture
- The Call of Matthew
  - Matthew 9:9–13; Gracious and Merciful
  - Joel 2:13

#### Catechism References
- 413–421, 430–435, 1262–1274, 1422–1424
- 1454, 1716–1724, 1776–1785

#### Meet Jesus
- The Savior

#### Rite Focus
- God Keeps His Promises

#### Catholic Signs & Symbols
- Baptismal Water

### Session 3
**We Are Called to Forgiveness**

#### Forming the Heart
- Discover God’s mercy and forgiving love
- Understand that we must take time to examine our conscience
- Recognize that our choices have consequences in all our relationships, especially our relationship with God

#### Informing the Mind
- Recognize our need for a change of heart
- Realize that Jesus offers us redemption and forgiveness
- Know that our well-formed conscience helps us choose what is right and good
- Learn that the Ten Commandments and Beatitudes guide our choices

#### Scripture
- Prayer in Time of Distress
  - Psalm 86:4b–6; The Parable of the Lost Son
  - Luke 15:11–24a

#### Catechism References
- 1454, 1716–1724, 1776–1785, 2052–2055, 2064–2068

#### Meet Jesus
- The Healer

#### Rite Focus
- Our Conscience Helps Guide Us

#### Catholic Signs & Symbols
- Confessional or Reconciliation Room

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**CG16  Encounter with Christ**
### Session 4
**We Come to Reconciliation**

**Informing the Mind**
- Realize that we come to Penance due to the prompting of the Holy Spirit
- Review that when we sin, we choose to turn away from God and his love, hurting our relationship with him
- Identify the four main parts of the Sacrament of Penance and Reconciliation: contrition, confession, penance, and absolution
- Connect the Act of Contrition to true sorrow and conversion

**Forming the Heart**
- Recognize that Jesus is the Good Shepherd who searches us out, takes care of us, and guides us to his Father
- Understand that true sorrow for our sins is essential
- Develop the courage to admit and confess our sins

### Session 5
**We Confess and Do Penance**

**Informing the Mind**
- Discover that as members of the Church, God calls each of us to spread the Good News of his Kingdom by our words and actions
- Recognize that confessing our sins and taking responsibility for them opens our heart to God’s mercy and forgiveness
- Learn that conversion is turning away from sin and responding to God’s love and forgiveness
- Realize that performing acts of penance helps us to reconcile with God and with others

**Forming the Heart**
- Understand that when we confess our sins, we are following the promptings of the Holy Spirit
- Appreciate that we are drawn further into the mystery of salvation when we do acts of penance
- Accept that Christ is King of our hearts, lives, and the whole world
- Recognize that God continually calls us back to him and a life of conversion

### Session 6
**We Are Forgiven and We Forgive**

**Informing the Mind**
- Understand that, in the Sacrament of Penance and Reconciliation, we are offered absolution—forgiveness of our sins
- Learn that when we forgive others, we are following Jesus’ example
- Recognize that, as members of the Body of Christ, we are called to show mercy, compassion, and kindness to others

**Forming the Heart**
- Deepen our awareness of God’s willingness to forgive all of our offenses
- Appreciate that Jesus grants us pardon and peace and sends us to be peacemakers in his Kingdom
- Discover the importance of the words and gestures in the Prayer of Absolution

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**The Vine and the Branches** John 15:9–14; The Good Shepherd John 10:3–5, 11–15

**The Advocate** John 14:23–26; Zacchaeus the Tax Collector Luke 19:2–10

**Appearance to the Disciples** John 20:20b–23; How Often Must We Forgive? Matthew 18:20–22

1450–1454, 1461–1462, 1480–1484, 1491

1455–1460, 1464–1467, 1482, 1484

787–794, 1461–1470, 2156–2157

**The Good Shepherd**

**Christ the King**

**Jesus and His Body, the Church**

**The Rite of Penance**

**Confession and Penance—The Heart of Reconciliation**

**God Forgive Us**

**Stoles**

**Hands**

**The Sign of the Cross**

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**Scope and Sequence** CG17