

	Session 1 We Are Made in God's Image	Session 2 We Live in Covenant with God	Session 3 We Are Called to Forgiveness
Session Outcomes	<p>Informing the Mind</p> <ul style="list-style-type: none"> Learn that God created human beings, male and female, in his image and likeness Understand that God has a plan and purpose for each person Know that God reveals himself as the three Divine Persons of the Holy Trinity: Father, Son, and Holy Spirit, a relationship of perfect love Recognize that God loves us and calls us to be in relationship with him and with one another <p>Forming the Heart</p> <ul style="list-style-type: none"> Realize that because we are made in God's image and likeness, we are called to care for each other and the world God created Embrace that we are created as good and that our words and actions should reflect the love God has for us Grow in awareness of the mystery that God is beyond us and near us 	<p>Informing the Mind</p> <ul style="list-style-type: none"> Know that God always loves us, remains faithful to his promises, and welcomes us with forgiveness when we sin Understand that Original Sin is the first sin committed by Adam and Eve, passed down to all human beings Recognize that Jesus came to save us from our sins and death Realize that in Baptism, by the power of the Holy Spirit, we receive new life in Christ <p>Forming the Heart</p> <ul style="list-style-type: none"> Appreciate God's covenant with Israel as a sign of his mercy and love that also requires us to show mercy and love to others Discover that Jesus is the sign of the New Covenant Consider the relationship formed at Baptism between the baptized, Christ, and the Church Understand that the grace received in Baptism restores the covenant broken by sin and helps us to conform our lives to Christ 	<p>Informing the Mind</p> <ul style="list-style-type: none"> Recognize our need for a change of heart Realize that Jesus offers us redemption and forgiveness Know that our well-formed conscience helps us choose what is right and good Learn that the Ten Commandments and Beatitudes guide our choices <p>Forming the Heart</p> <ul style="list-style-type: none"> Discover God's mercy and forgiving love Understand that we must take time to examine our conscience Recognize that our choices have consequences in all our relationships, especially our relationship with God
Scripture	The All-knowing and Ever-present God Psalm 139:1–2, 13–14; The Creation of Man and Woman Genesis 2:7–8, 18, 21–23	The Call of Matthew Matthew 9:10–13; Gracious and Merciful Joel 2:13	Prayer in Time of Distress Psalm 86:4b–6; The Parable of the Lost Son Luke 15:11–24a
Catechism References	257–260, 356–361, 458–459	413–421, 430–435, 1262–1274, 1422–1424	1454, 1716–1724, 1776–1785, 2052–2055, 2064–2068
Meet Jesus	Second Person of the Trinity	The Savior	The Healer
Rite Focus	The Perfect Image of God	God Keeps His Promises	Our Conscience Helps Guide Us
Catholic Signs & Symbols	The Church	Baptismal Water	Confessional or Reconciliation Room

Session 4 We Come to Reconciliation	Session 5 We Confess and Do Penance	Session 6 We Are Forgiven and We Forgive
<p>Informing the Mind</p> <ul style="list-style-type: none"> • Realize that we come to Penance due to the prompting of the Holy Spirit • Review that when we sin, we choose to turn away from God and his love, hurting our relationship with him • Identify the four main parts of the Sacrament of Penance and Reconciliation: contrition, confession, penance, and absolution • Connect the Act of Contrition to true sorrow and conversion <p>Forming the Heart</p> <ul style="list-style-type: none"> • Recognize that Jesus is the Good Shepherd who searches us out, takes care of us, and guides us to his Father • Understand that true sorrow for our sins is essential • Develop the courage to admit and confess our sins 	<p>Informing the Mind</p> <ul style="list-style-type: none"> • Discover that as members of the Church, God calls each of us to spread the Good News of his Kingdom by our words and actions • Recognize that confessing our sins and taking responsibility for them opens our heart to God’s mercy and forgiveness • Learn that conversion is turning away from sin and responding to God’s love and forgiveness • Realize that performing acts of penance helps us to reconcile with God and with others <p>Forming the Heart</p> <ul style="list-style-type: none"> • Understand that when we confess our sins, we are following the promptings of the Holy Spirit • Appreciate that we are drawn further into the mystery of salvation when we do acts of penance • Accept that Christ is King of our hearts, lives, and the whole world • Recognize that God continually calls us back to him and a life of conversion 	<p>Informing the Mind</p> <ul style="list-style-type: none"> • Understand that, in the Sacrament of Penance and Reconciliation, we are offered absolution—forgiveness of our sins • Learn that when we forgive others, we are following Jesus’ example • Recognize that, as members of the Body of Christ, we are called to show mercy, compassion, and kindness to others <p>Forming the Heart</p> <ul style="list-style-type: none"> • Deepen our awareness of God’s willingness to forgive all of our offenses • Appreciate that Jesus grants us pardon and peace and sends us to be peacemakers in his Kingdom • Discover the importance of the words and gestures in the Prayer of Absolution
<p>The Vine and the Branches John 15:9–14; The Good Shepherd John 10:3–5, 11–15</p>	<p>The Advocate John 14:23–26; Zacchaeus the Tax Collector Luke 19:2–10</p>	<p>Appearance to the Disciples John 20:20b–23; How Often Must We Forgive? Matthew 18:20–22</p>
<p>1450–1454, 1461–1462, 1480–1484, 1491</p>	<p>1455–1460, 1464–1467, 1482, 1484</p>	<p>787–794, 1461–1470, 2156–2157</p>
<p>The Good Shepherd</p>	<p>Christ the King</p>	<p>Jesus and His Body, the Church</p>
<p>The Rite of Penance</p>	<p>Confession and Penance—The Heart of Reconciliation</p>	<p>God Forgives Us</p>
<p>Stoles</p>	<p>Hands</p>	<p>The Sign of the Cross</p>