

Digital Retreat for *Encounter with Christ First Eucharist*

Family will need:

- ***Encounter with Christ Eucharist*** Child's Book
- Access to the [Encounter with Christ website](#). Instruct parents to download and print the activities that will be used during the retreat. Or you may choose to download and have them pick up a packet or email the electronic version.
- Supplies to make a Body of Christ banner- large paper, pencils or markers. (If your parish wants to include another type of banner activity adjust this list accordingly)
- Invite the families to prepare a special prayer space. Recommend they lay out a special cloth and place a candle, an open Bible, and crucifix or a statue.
- Optional: If the children decorated a candle for their First Reconciliation, recommend the family uses this candle for their prayer space.

Facilitator will need:

- PowerPoint Presentation
- Access to the [Encounter with Christ website](#). Sign in using your credentials or **ewcsales** (temp username) and **ewcsales99** (temp password).
- An example of a Body of Christ Banner as an example. A sign that says, "Body of Christ".
- Music: some CD options from OSV "Our Family Prayers", "And with Your Spirit", Songs of Scripture, Alive in Christ"

Overview:

The PowerPoint presentation provided will help facilitate the digital retreat. Your parish can customize according to your needs and determine timeframe. It can be done in one or multiple gatherings. There are slides prepared to guide the families through 6 brief videos, reflections, games and activities. You can do all 6 or select as many as you would like to include. Simply hide the slides you do not need. Feel free to add slides to personalize the retreat to your parish. Blank slides are provided at the end to allow for this customization.

1. The slides will guide you through the following:
 - a. Opening prayer and Scripture Reflection Process
 - b. Viewing short 2-3 minute [Eucharist Videos](#) (there are 6 videos – choose one, a few or all six)
 - c. The parent and child complete the Reflection question (referenced at the end of each video clip. The page is found in the Child's book on the second page of each session)
 - d. The child is invited to play a specific game for each session. The games are referenced on the slide and are found on the website by clicking this link: [Interactive Games](#)
 - e. The child completes the [Activity Download](#) specific to the video session(s) as referenced on the slide. These are also found on the website by clicking the link above.
 - f. Closing prayer