

Eucharist Session 1–3

Materials List

General:

- Catechist-Led Combined Eucharist Sessions 1–3 PowerPoint® at **sacraments.osv.com**
- audiovisual equipment
- And With Your Spirit* CD
- Songs of Scripture* CDs
- Our Family Prayer Collection* CD
- Encounter with Christ** Eucharist Sessions 1–3 Family + Faith Pages (1 set per adult participant)
- Encounter with Christ** Eucharist Child Book (1 per child participant)
- Eucharist Sessions 1–3 Catechist Pacing Plan at **sacraments.osv.com** (1 per catechist)

Welcome and Opening Prayer:

- nametags
- pens or pencils

Prayer Setting:

- Bible
- candle
- tablecloth
- cross or crucifix

Session 1:

- Opening Video 1 at **sacraments.osv.com**
- pencils

Session 2:

- Links to recommended videos:
 - Who Would You Most Like to Have Dinner With?, Master Foods, <https://youtu.be/2wfbY3i4FY0>
 - The Importance of Family Dinners, Christine Carter PhD, <https://youtu.be/qb1IJB0-MVs>
 - The Secrets of Family Dinner, Bruce Feiler, https://youtu.be/yDuHtJCj_Og

- Opening Video 2 at sacraments.osv.com
- Sign of the Cross handout at sacraments.osv.com
(1 per participant)

- Third Ear handout at sacraments.osv.com
(1 per adult participant)

Note: These will need to be cut out and hidden around the meeting space.

Session 3:

- Opening Video 3 at sacraments.osv.com

Closing Prayer:

- Optional: Closing Prayer handout at sacraments.osv.com
(1 per participant)